

# Parents Resources:

HEARTMOB

National Center for Missing and Exploited Child (NCMEC) - [www.missingkids.org/netsmartz/resources](http://www.missingkids.org/netsmartz/resources)

[www.heartmob.org](http://www.heartmob.org)

[www.thorn.org/](http://www.thorn.org/)

THORN

National Teen Dating Abuse Helpline 1-866-331-9474

[www.cybertipline.com](http://www.cybertipline.com)

[www.cybercivilrights.org](http://www.cybercivilrights.org)

- 24 Hour crisis helpline 844-878-2274
- Online Removal Guide for popular social media sites



[www.lovewhatmatters.com/sick-stomach-cell-phones-social-media-school-principal-parenting/](http://www.lovewhatmatters.com/sick-stomach-cell-phones-social-media-school-principal-parenting/)

Protect kids online - WI ICAC task force (Facebook page and podcast)

[www.qustodio.com](http://www.qustodio.com)

Qustodio

