

## **Unconscious Bias – Knowing What You Don't Know**

**Judge Derek Mosley**

Unconscious Bias is a learned stereotype that is automatic, unintentional, deeply ingrained, universal, and able to influence behavior. Unconscious bias seeps into decisions that affect recruitment, retention, hiring, access to healthcare, housing, education, criminal justice, providing services, interpersonal interactions, and outcomes in ways that can disadvantage both individuals and groups of people. We all have some form of unconscious bias, and the key is to recognize that we have it and employ techniques to mitigate it.

In this session you will:

1. Learn to assess and measure your unconscious bias
2. Be able to define unconscious bias
3. Learn the history of unconscious bias in America
4. Learn how subconsciously, decisions are being made in your mind
5. Learn how unconscious bias affects everyday life
6. Finally, learn ways to mitigate your bias

Length of session: 90 minutes

There will also be opportunities for conversation and reflection during the training